



2025-2026 Outreach

Membership Application LSC: AD

- Adirondack Swimming

Adirondack and USA Swimming offer a reduced (\$5.00) annual registration fee for qualified athletes, in order to provide swimming opportunities to underrepresented and economically disadvantaged youth.

Complete the Athlete Information section and either Section A- Proof of Income, or Section B- Proof of Assistance, or Section C- Grant Applicant. Submit with the required documentation to your Club Registrar or Admin, who will send it to the Adirondack LSC Registrar.

Athlete Information

Date: _____ Athlete's USA Swimming ID Number: _____

Name of Club: _____ Club Code: _____ LSC: AD

Athlete's Legal Name: _____
Last Name First Name Middle Initial Preferred Name

Athlete's Birth date: _____
Month Day Year

Athlete's Address: _____
Street City State Zip Code

Home Phone Number: _____
(Area Code) - _____

Signature of Parent or Guardian

Print Name of Parent or Guardian

Date

Section A: Proof of Income

Attach a photocopy of your most recent Federal tax return, proving that your income is below the level in the following table. [source: Reduced School Lunch Income Eligibility Guidelines]

Number in Family	Gross Yearly Income
2	\$39,128
3	\$49,303
4	\$59,478
5	\$69,653
6	\$79,828
7	\$90,003
8	\$100,178
Over 8, add for each	\$10,175

Or Section B: Proof of Assistance

Attach a photocopy of an approved application for one of the following assistance programs

<input type="checkbox"/> Aid to Families with Dependent Children	<input type="checkbox"/> Social Security Disability Insurance	<input type="checkbox"/> Food Stamps	<input type="checkbox"/> Temporary Assistance to Needy Families
<input type="checkbox"/> Supplemental Security Income	<input type="checkbox"/> Women, Infant and Children's Program	<input type="checkbox"/> Medicaid	<input type="checkbox"/> Children's Health Insurance Plan
<input type="checkbox"/> Section 8 Public Housing	<input type="checkbox"/> Home Energy Assistance Program	<input type="checkbox"/> Other	<input type="checkbox"/> Notification Letter for Free/Reduced Lunch

Or Section C: Grant Applicant

A grant application was submitted to the AD Outreach Committee on _____ (date).

Club has approved this athlete for Outreach Membership. Rep Signature _____