

HAWKS **SUMMER INVITATIONAL**

July 10-12, 2026



INVITATIONAL- ALL ADIRONDACK TEAMS, BERGEN BARRACUDAS, DEVILFISH AQUATICS, EDGE SWIM CLUB, GREATER OSWEGO, LANSING CATS, LIVERPOOL JETS, MONROE WOODBURY, NY SHARKS, NEWBURGH SHARKS, NDAC, PHOENIX AQUATIC, RED FOX AQUATICS, SCY SWORDFISH, SKYY SWIM TEAM, SNAPPER SWIM TEAM, TEAM ROCKLAND, HUDSON VALLEY DOLPHINS, VIKING AQUATICS, YMCA MIDDLETOWN BARRACUDAS, WILTON WAHOOS.

Hawks Summer Invitational, July 10-12, 2026

Ulster County Pool 241 Libertyville Road New Paltz, NY 12561

Sanction: Held under the sanction of USA Swimming, Inc. and Adirondack Swimming Inc., Sanction #AD26-033
Sean Caron, General Chairman
It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Host: Hawks Swimming Association, Ltd.

Place: Ulster County Pool 241 Libertyville Road New Paltz, NY 12561
Long Course 50 METERS, 8 Lanes...Continuous Warm-up Pool...Colorado Electronic Timing System

The competition course has not been certified in accordance with 104.2.2C(4).

Pool Depths: Depth of Pool at One (1) Meter 4'6" and Five (5) Meters 4'6" from Start End of Pool.
Depth of Pool at One (1) Meter 3'6" and Five (5) Meters 3'9" from Turn End of Pool.

Time:

	Warm Up	Meet Start
Friday July 10, 2026		
Session 1	4:00 P.M.	4:45 P.M.
Saturday July 11, 2026		
Session 2	8:00 A.M.	8:45 A.M.
Session 3	1:00 P.M.	1:45 P.M.
Session 4	5:45 P.M.	6:10 P.M.
Sunday July 12, 2026		
Session 5	8:00 A.M.	8:45 A.M.
Session 6	12:45 P.M.	1:45 P.M.

Warm up times are tentative, official warm-up times will be posted to the Adirondack website (www.adirondackswimming.org) by July 5, 2026.

Meet Director: Bob Vializ hawksentries@gmail.com (914) 497-4716
Meet Referee: JoAnn Faucett faucettjm@aol.com (518) 496-6136
Meet Entry Coordinator: Bob Vializ hawksentries@gmail.com (914) 497-4716

Entry Rules:

The eligibility of a swimmer will be determined by his or her age on 7/10/2026.
Rules from the current USA Swimming Technical and Administrative Rules will be in effect.
Entries must be submitted electronically, using Hy-Tek, Team Unify or compatible Software and Emailed to the **Meet Entry Coordinator**.
Team entries must be received by the Meet Entry Coordinator by **June 30, 2026**
Consideration will be given first to those teams attending multiple days. If the meet is oversubscribed or undersubscribed, Meet and/or Session Start Times may need to be changed. Attending teams will be notified of any changes via email and all changes will be posted to the AD Web Site. All fees paid for cut entries will be refunded.

202.3.2 At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

202.3.4A Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

USA Swimming Registration:

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302
All registrations are completed using the USA Swimming Online Member Registration (OMR) system.
Refer to the AD web site, "USA-S Registrations" page for information.
Adirondack Meets are reconciled for current USA Swimming Registration. Unregistered or expired swimmers will be removed from the meet.
Athletes 18 or older MUST have completed APT to be compliant and allowed to swim in meet.
AD swimmers must have Confirmed Birthdates to swim age specific events.
Legal ID must be sent to the LSC Registrar for new members or members new to AD.
Direct registration questions to the Adirondack Registrar, Bill Faucett office@adirondackswimming.org

Swimming Events:

All events are timed finals. A maximum of 5 Individual events may be entered per day.

Host reserves the right to restrict evening sessions to 3 hours.

There is positive check-in for the 400 IM & 1500 Free.

Times for check-in will be 45 minutes before the start of each session. 400 Free, 400 IM & 1500 Free events will be swum fastest to slowest alternating girls and boys, **and slowest heat of boys and girls events may be combined.**

We will be using flyover starts. Please inform your swimmers.

Relays:

12 & Under 400 Free Relay Saturday AM. 13 & Older 400 Free Relay Saturday PM

Scratches:

1. **Thursday Scratches must be submitted by email to hawksentries@gmail.com, by Wednesday, 4PM. Scratches will be due by 4pm Thursday, for Friday Events, 4pm Friday, for Saturday events, 4pm Saturday for Sunday Events. Fri, Sat & Sun Scratches will be submitted at the timing table.**
2. **All swimmers who do not positive check in by the deadlines will be scratched.**

Warm-Ups:

Because of the large number of injuries occurring across the country during warm-ups, USA Swimming allows no diving into the pool during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the club officials and marshals in charge of the area.

Timers:

Clubs will be required to provide timers based upon their number of entries.

Swimmers have to provide their own timers for the 400 Free, 1500 Free and 400 IM.

Deck Entries:

Adirondack Swimming has agreed to allow Deck Entries at AD Meets under the following conditions.

1. Deck Entries are NOT Allowed during Championship Meets
2. The Athlete must be USA-S Registered and show Proof of Registration (those already in the meet have been confirmed as registered). Acceptable form of Proof of Registration is: Member Card from USA Swimming app.
3. Coach makes the request for entry.
4. All Deck Entries will be allowed at the discretion of a combined decision of the Meet Director and the Meet Referee.
5. Deck Entries are Subject to a \$1.00 Surcharge, Per Entry, which applies to All Entries, Individual or Relays.

Meet Policy:

Use of Audio or Visual Recording Devices, including a Cell Phone, is not permitted behind the starting blocks, including any spectator area behind the starting blocks, in changing areas, rest rooms or locker rooms.

Changing into or out of swimsuits other than locker rooms or other designated areas is prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No one will be allowed on the deck except USA-S Registered Officials and USA-S Registered Coaches with Current Certifications, USA-S Registered Swimmers and Meet Marshalls and Timers on Shift.

All Officials and Coaches are Required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck.

If, at an AD Sanctioned Meet, an individual is found on deck, acting in any coaching capacity and is determined to be out of compliance with USA Swimming requirements for coaches, that individual will be removed from the deck and the represented club will be fined \$250.

Any swimmer found in an unauthorized area will be asked to immediately leave the premises. No exceptions.

Each team is responsible for supervising its members.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Services:

A concession stand with food and beverages will be available. Glass containers are not allowed in the pool area or locker rooms. There will be a variety of t-shirts, goggles, swim suits and other merchandise available. This is an outdoor meet. Teams may rent tents by contacting the Meet Director.

Disabled Athletes:

Adirondack Swimming welcomes athletes with disabilities. Athletes with disabilities are required to contact the Meet Director at least 2 weeks in advance of the meet so that provisions can be made for any special accommodations.

Entry Fees:

An entry summary sheet is included to compute your team entry fees. The entry fees are: \$7.50 per individual event, which includes the \$.50 AD travel fund surcharge; \$15.00 per relay entry, which includes the \$1.00 travel fund surcharge; plus a \$2.00 per swimmer surcharge.

ALL MANUAL ENTRIES, INCLUDING DECK ENTRIES (NON-ELECTRONIC) ARE SUBJECT TO AN ADDITIONAL SURCHARGE OF \$1.00 PER ENTRY, WHICH APPLIES TO INDIVIDUAL OR RELAY ENTRIES.

Make your entry check payable to "**Hawks Swimming Association**" and mail your check and entry summary sheet to the **Meet Entry Coordinator**. *Entries will be entered to the meet upon receipt of your check.*

Photographers:

Only Professional Photographers or Videographers hired by the host team or Press Photographers, who have been approved in advance by the meet director, will be allowed on deck. A Photographer Registration form must be completed and submitted to the meet director for approval, prior to the meet. Forms are available on the Adirondack Swimming website as well as from the Meet Director.

[Click here for a direct link to the registration form.](#)

Swimmer's families, taking photos of their children from the spectator area, are not subject to this policy.

Parents and Professionals, please refer to the "Meet Policy" above for general restrictions pertaining to all photography at Sanctioned meets.

Awards:

Awards will be given for places 1 through 8 for 12 & Under events only.

Scoring:

The meet will be scored according to USA Swimming rules.

Time Trials:

Time trials may be held if time allows and at discretion of the meet director and referee with a cost of \$10 per event.

Officials:

There will be an official's meeting conducted promptly 45 minutes before each session. Attendance is MANDATORY to work the meet. Please sign up in officials room before the start of officials meeting.

Hotel Accommodations: Hampton Inn in New Paltz, or any hotels in the Poughkeepsie vicinity or Newburgh vicinity.

If you have any questions, please contact the Meet Director or Meet Referee

Hawks Summer Invitational
July 10-12, 2026...Ulster County Pool 241 Libertyville Rd. New Paltz, NY 12561

SESSION 1 Friday Evening
WARM-UPS 4:00PM ... SESSION BEGINS 4:45PM

GIRLS	EVENT	BOYS
1	Open 50 Freestyle	2
3	12 and Under 50 Backstroke	4
5	13 & Older 100 Backstroke	6
7	13 & Older 400 Freestyle	8

**Swimmers in the 400 Free must provide their own timers.
 **400 Free will be run fast to slow, alternating heats between girls and boys.*

SESSION 2 Saturday Morning
WARM-UPS 8:00AM ... SESSION BEGINS 8:45AM

GIRLS	EVENT	BOYS
9	12 & Under 200 Freestyle	10
11	12 & Under 100 Backstroke	12
13	12 & Under 100 Butterfly	14
15	12 & Under 50 Breaststroke	16
17	12 & Under 400 Freestyle Relay	18

SESSION 3 Saturday Afternoon
WARM-UPS 1:00PM ... SESSION BEGINS 1:45PM

GIRLS	EVENT	BOYS
19	13 & Older 200 Backstroke	20
21	13 & Older 200 Breaststroke	22
23	13 & Older 100 Butterfly	24
25	13 & Older 200 Freestyle	26
27	13 & Older 50 Breaststroke	28
29	13 & Older 400 Freestyle Relay	30

**SESSION 4 Saturday Evening
WARM-UPS 5:45PM ... SESSION BEGINS 6:10PM**

GIRLS	EVENT	BOYS
31	13 & Older 400 IM	32
33	13 & Older 1500 Freestyle	34

**Swimmers in the 400IM and 1500 Free must provide their own timers.
**400IM and 1500 Free will be run fast to slow, alternating heats between girls and boys.*

**SESSION 5 Sunday Morning
WARM-UPS 8:00AM ... SESSION BEGINS 8:45AM**

GIRLS	EVENT	BOYS
35	12 & Under 200 IM	36
37	12 & Under 50 Butterfly	38
39	12 & Under 100 Breaststroke	40
41	12 & Under 100 Freestyle	42

**SESSION 6 Sunday Afternoon
WARM-UPS 12:45PM ... SESSION BEGINS 1:45PM**

GIRLS	EVENT	BOYS
43	13 & Older 50 Butterfly	44
45	13 & Older 200 IM	46
47	13 & Older 100 Breaststroke	48
49	13 & Older 50 Backstroke	50
51	13 & Older 200 Butterfly	52
53	13 & Older 100 Freestyle	54

**Each Swimmer May Swim A Maximum of 5 Events Per Day Plus available relays
\$7.50 Per Individual Event Per Athlete for ALL Athletes
\$15.00 Per Relay Entry
\$2.00 Per Athlete Surcharge
For Manual Entries, Add \$1.00 Per Entry**

"Hawks Swimming Association, Inc"

ENTRY FEE CALCULATION SHEET "Hawks Summer Invitational, Ulster County Pool, July 10-12, 2026"

TEAM NAME _____
CONTACT PERSON _____
PHONE NUMBER _____
E-Mail ADDRESS _____

Number of Individual Entries	_____	X \$7.50 = \$	_____
Number of Individual Entries Positive Check-in	_____	X \$7.50 = \$	_____
Number of Relay Entries	_____	X \$15.00 = \$	_____
Number of Swimmers	_____	X \$2.00 = \$	_____
Number of Manual (non-electronic) Entries	_____	X \$1.00 = \$	_____

Total Amount Due and Enclosed\$_____

ENTRY DEADLINE.. "June 30, 2026"

MAKE CHECKS PAYABLE TO "Hawks Swimming Association"

Email your entries to the Meet Entry Coordinator

**This form Must be returned with Entry Report and Check
to the Meet Entry Coordinator:**

Hawks Swimming Association
Bob Vializ
hawkseentries@gmail.com
(914) 497-4716
P.O. Box 61
New Paltz, NY 12561

**Entries will be posted to the meet program
upon RECEIPT OF CHECK ONLY
"Hawks Swimming Association" assumes no responsibility
for meet close-out due to late entries**